CONNECTICUT VALLEY HOSPITAL

Physical Therapy Services

PT Equipment Procedure #18

Re: Treatment Mirror

Date: March 20, 2000 Revised: October 19, 2008

Description:

¹/4" plate glass mirror mounted in natural finished hardwood frame. Mirror is free standing and provides visual feedback about patient's body in space sitting, standing and walking. Also, it provides a focal point.

Indications:

Patients who exhibit loss of balance, difficulty weight shifting, neglect and difficulty looking forward when walking.

Procedure:

Place mirror in front of patient and instruct to observe spatial position of body and make necessary postural changes.

Cleaning:

Clean as per Physical Therapy Cleaning Procedures.